



## Required / Optional Equipment List

We have been getting some questions about what equipment to purchase, what is provided, etc. We have provided the following lists to help you prepare for the football season.

### **What SDK Football Provides:**

- Helmet
- Shoulder Pads
- Practice Jersey / Practice Pants (pads for practice pants)
- Mouthguard
- Game Jersey

### **What You Must Provide:**

- Cleats
  - Grades 3<sup>rd</sup>-6<sup>th</sup> grade: molded cleats only (no screw in's)
  - Grades 7<sup>th</sup> – 8<sup>th</sup>: screw-in's permitted (no spikes)
- Solid White Game Socks
- White Game Pants

### **Optional Equipment to Consider:**

- Integrated Practice Pants\* (pads built in)
- Integrated Practice Shirts\* (pads built in)
- Padded Girdles
- Gloves or other warm weather/water-proof attire to wear under the pads.

\* Tuffy Brooks will be on hand during equipment handout to sell certain products (as noted above) at a discounted price.